

Keck School of Medicine of USC



EARN:

Up to 21.25 AMA PRA
Category 1 Credits™

Plus **ABIM MOC**
and

AAFP Credits

49th Annual USC Diagnostic & Therapeutic Skills in Internal Medicine

Monday, March 7 – Thursday, March 10, 2022

Hyatt Regency Maui
Ka'anapali Beach in Maui, Hawaii

Presented by:

USC Department of Medicine and
USC Office of Continuing Medical Education

PROGRAM AGENDA

Monday, March 7, 2022

- 6:00 am Registration and Breakfast
- 6:40 am Welcome
Ron Ben-Ari, MD
- 6:45 am Peace of Mind: Managing Mental Health in Primary Care
Ron Ben-Ari, MD
- 7:20 am 10-out-of-10?! Palliative and Chronic Pain Management
Carin van Zyl, MD
- 8:00 am Updates in Cancer Screening: Why it Increasingly Seems that Less is More
Michael Hochman, MD, MPH
- 8:40 am What Should I Eat Doc?: Dietary Interventions for Preventive Care and Management of Chronic Illness
Jo Marie Reilly, MD, MPH
- 9:20 am Break
- 9:35 am Practical Pulmonary Function Testing for the Front-Line Clinician
Richard Castriotta, MD
- 10:15 am Abnormal Vaginal Bleeding and Other Menstrual Disorders
Laila A. Al-Marayati, MD
- 10:55 am Using Insulin in Type 2 Diabetes
Trevor E. Angell, MD
- 11:35 am Atrial Fibrillation: Update 2022
Vivian Y. Mo, MD
- 12:15 pm Adjourn

Tuesday, March 8, 2022

- 6:15 am Registration and Breakfast
- 6:45 am Obesity-Hypoventilation Syndrome: Update 2022
Richard Castriotta, MD
- 7:20 am Contraception: Update 2022
Laila A. Al-Marayati, MD
- 8:00 am Five New Studies Every Doctor Should Know
Michael Hochman, MD, MPH
- 8:40 am Cardiovascular Consequences of Sleep-Disordered Breathing
Richard Castriotta, MD
- 9:20 am Break

- 9:35 am How to Be a Trauma-Informed Physician
Jo Marie Reilly, MD, MPH
- 10:15 am Screening for Cancer of the Female Reproductive Tract
Laila A. Al-Marayati, MD
- 10:55 am An Evidence-Based Approach to Lowering Cardiovascular Risk in Diabetes
Michael Hochman, MD, MPH
- 11:35 am Worsening Memory: Cognitive Assessment Tools for Older Adults
Jo Marie Reilly, MD, MPH
- 12:15 pm Adjourn

Wednesday, March 9, 2022

- 6:15 am Registration and Breakfast
- 6:45 am Option 1: Meet the Professor
Laila A. Al-Marayati, MD
- 6:45 am Option 2: Meet the Professor
Jo Marie Reilly, MD, MPH
- 6:45 am Option 3: Meet the Professor
Richard Castriotta, MD
- 7:20 am Stress Testing: Indications and Common Questions
Vivian Y. Mo, MD
- 8:00 am Interstitial Lung Disease: ABCs of ILD
Richard Castriotta, MD
- 8:40 am Menopause: Approaches to Management in 2022
Laila A. Al-Marayati, MD
- 9:20 am Break
- 9:35 am Fitness as Medicine: An Individualized Approach to Writing an Exercise Prescription
Jo Marie Reilly, MD, MPH
- 10:15 am Heart Failure and the Primary Care Physician: Current Treatment and Advanced Therapies
Vivian Y. Mo, MD
- 10:55 am Use of Diabetes Technology in the Clinic
Trevor E. Angell, MD
- 11:35 am Easing the Way: Non-Pain Symptom Management in the Terminally Ill
Carin van Zyl, MD
- 12:15 pm Adjourn

PROGRAM AGENDA

Thursday, March 10, 2022

6:15 am	Registration and Breakfast	9:35 am	Option 1: Meet the Professor <i>Trevor E. Angell, MD</i>
6:45 am	Option 1: Meet the Professor <i>Michael Hochman, MD, MPH</i>	9:35 am	Option 2: Meet the Professor <i>Carin van Zyl, MD</i>
6:45 am	Option 2: Meet the Professor <i>Vivian Y. Mo, MD</i>	10:15 am	Updates in Hypertension: From Evidence to Population Health <i>Michael Hochman, MD, MPH</i>
7:20 am	Echocardiography for the Primary Care Physician <i>Vivian Y. Mo, MD</i>	10:55 am	The Smoke Clears: CBD and Medical Marijuana in 2022 <i>Carin van Zyl, MD</i>
8:00 am	Healer Till the End: Physician Assisted Death <i>Carin van Zyl, MD</i>	11:35 am	Endocrinology and Aging: Update 2022 <i>Trevor E. Angell, MD</i>
8:40 am	Osteoporosis and Fracture Prevention: Update 2022 <i>Trevor E. Angell, MD</i>	12:15 pm	Adjourn
9:20 am	Break		

COURSE DESCRIPTION

The 49th Annual USC Diagnostic & Therapeutic Skills in Internal Medicine course is designed especially for internists, family physicians, generalist physicians and allied health professionals who care for adults. This four-day course provides participants with a series of interactive lectures by experts spanning a wide array of contemporary and important topics for primary care practitioners and special, more intimate, roundtables in which participants engage our faculty experts with questions arising from their own practices.

Lecture presenters use an anonymous electronic audience response system to promote active learning among participants and to enable group reflections on case studies and challenging clinical questions in real time. Participants will be able to attain new and practical knowledge for integration into their clinical practices to improve patient care and patient care outcomes.

TARGET AUDIENCE

This course is intended for practicing internists, family medicine physicians, generalist physicians and allied health personnel who care for adults and who seek to enhance their understanding of internal medicine and available treatment options to optimize the management of their patients.

COURSE OBJECTIVES

By the end of the course, participants will be able to:

- Adapt current guidelines and evaluation strategies to diagnose and treat common issues in cardiovascular medicine.
- Interpret diagnostic tests and determine treatment approaches for pulmonary and sleep medicine problems in primary care.
- Address gynecologic and women's health issues in primary care.
- Apply the latest evidence in the management of diabetes mellitus and osteoporosis and other common problems in endocrinology.
- Construct effective interventions for pain and non-pain symptoms and address issues related to physician assisted death.
- Use the latest evidence to screen for common cancers.
- Provide evidence-based approaches to mental health, fitness program prescriptions, the assessment of cognitive changes in the elderly and approach patient care as a trauma informed physician.

FACULTY

COURSE DIRECTOR

Keck Medicine of USC Ron Ben-Ari, MD, FACP

Associate Professor of Clinical Medicine
and Medical Education
Associate Dean, CME
Associate Dean, Curriculum
USC Departments of Medicine
and Medical Education

GUEST FACULTY

Michael Hochman, MD, MPH

CEO of the SCAN Medical Group
(Homelessness Initiative)

KECK SCHOOL OF MEDICINE FACULTY

Laila A. Al-Marayati, MD, FACOG

Assistant Professor, Obstetrics
& Gynecology
Chief, Division of Obstetrics, Gynecology
and Gynecologic Subspecialties
USC Department of Obstetrics and Gynecology

Trevor E. Angell, MD

Assistant Professor of Clinical Medicine
Associate Medical Director,
USC Thyroid Diagnostic Center
Endocrinology and Diabetes,
USC Department of Medicine

Richard Castriotta, MD, FCCP, FAASM

Professor of Clinical Medicine
Pulmonary, Critical Care and Sleep Medicine,
USC Department of Medicine

Vivian Y. Mo, MD, FACC

Associate Professor of Clinical Medicine
Cardiovascular Medicine
CMO, USC Care
USC Department of Medicine

Jo Marie Reilly, MD, MPH

Professor of Clinical Family Medicine
Vice Chair of Education,
Family Medicine
Director, Primary Care Initiative
USC Department of Family Medicine

Carin van Zyl, MD, FACEP

Associate Professor of Clinical Medicine
Director, Adult and
Pediatric Palliative Care
LAC+USC
Palliative Medicine,
USC Department of Medicine

ACCREDITATION STATEMENT

The Keck School of Medicine of the University of Southern California is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

CREDIT DESIGNATION

The Keck School of Medicine of the University of Southern California designates this live activity for a maximum of 21.25 *AMA PRA Category 1 Credits™*. Physicians should claim only the credits commensurate with the extent of their participation in the activity.

The following may apply *AMA PRA Category 1 Credit(s)™* for license renewal: Registered Nurses may report up to 21.25 credit hour(s) toward the CME requirements for license renewal by their state Board of Registered Nurses (BRN). CME may be noted on the license renewal application in lieu of a BRN provider number. Physician's Assistants: The National Commission on Certification of Physicians' Assistants states that *AMA PRA Category 1 Credit(s)™* accredited courses are acceptable CME requirements for recertification.

Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 21.25 ABIM MOC points in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. Participants will earn ABIM MOC points equivalent to the amount of CME credits claimed for the activity. It is the CME activity provider's responsibility to submit participant completion information to the ACCME for the purpose of granting ABIM MOC credit.

The AAFP has reviewed 49th Annual USC Diagnostic and Therapeutic Skills in Internal Medicine and deemed it acceptable for up to 21.25 In-Person, Live (could include online) AAFP Prescribed credit. Term of Approval is from 03/07/2022 to 03/10/2022. Physicians should claim only the credit commensurate with the extend of their participation in the activity.

REGISTRATION INFORMATION

TUITION

Early-bird registration closes February 15, 2022, noon PST.

\$1,099 MD/DO

\$999 NP/PA/APP

\$999 RN/AH

\$50 Optional Printed Syllabus.

Must be pre-ordered and paid for by February 15, 2022.

Note: Electronic syllabus and course proceedings are emailed prior to the program.

Late registration fees after February 15, 2022, noon PST (telephone only)

On-site registration available from March 7-10, 2022.

\$1,149 MD/DO

\$1,049 NP/PA/APP

\$1049 RN/AH

REGISTER FOR COURSE

Early registration and travel booking is advised. March is a busy season for Maui.

Online: keckusc.cloud-cme.com/diagnostic2022

Mail: Office of CME, 1540 Alcazar Street, CHP 223, Los Angeles, CA 90033

Phone: (213) 220-5168

Email: usccme@usc.edu

On-site payment: Hyatt Regency Maui, Monarchy Ballroom Foyer, March 7 at 6:15 am.

COVID-19 GUIDELINES AND CANCELLATION POLICY:

COVID-19 guidelines issued by the Centers for Disease Control, Los Angeles County and the University of Southern California will be strictly observed. If live attendance is discouraged as conference date approaches, registrants will receive a full refund. USC will not refund any travel costs incurred.

Registration cancellations not connected with COVID-19 must be emailed to the USC Office of CME by February 15, 2022 for a refund to be issued. A \$50 cancellation fee will be applied. USC will not refund any travel costs incurred.

CURRENCY

All registration payments must be in U.S. currency. Personal checks, bank drafts, or money orders must be issued from U.S. banks. A \$25 fee will be applied to process payments submitted in other than U.S. dollars or when there is a disparity in the calculated rate of exchange.

CONFERENCE LOCATION

Hyatt Regency Maui: 200 Nohea Kai Drive, Lahaina, Hawaii 96761-1985

Telephone Number: (808) 661-1234

Internet access is provided in the meeting room. Electricity availability is limited.

HOTEL

The 49th Annual USC Diagnostic & Therapeutic Skills in Internal Medicine conference will be held at the Hyatt Regency Maui Resort and Spa on Ka'anapali Beach. This beach front property features beautiful grounds with exotic wildlife and extensive nature-inspired swimming pools with rope bridges, waterfalls, grottoes and waterslides. Walking-distance to Whaler's Village, and a short drive to Lahaina, with its myriad of shops and restaurants. Golf is available at Ka'anapali's two popular courses.

NIGHTLY DISCOUNTED GROUP ROOM RATES:

Golf/Mountain View: \$349 Partial Ocean View: \$375 Deluxe Ocean View: \$395

Please reserve early. These rates have sold out the last several years.

Reservation requests received after February 3, 2022 will be accepted on a space and rate availability basis.

Online: www.uscdiagnostic.com

Phone: **Hyatt at (877) 803-7534, refer to the "USC Diagnostic" conference rate at the Hyatt Regency Maui.**

Travel Dates: **Arrival Saturday, March 5, check-out Friday, March 11, 2022. Rooms may be reserved at the group rate 3 days before and after the main dates, subject to availability.**

A reduced resort fee of \$10 per night plus tax (usually \$32) will be added to the daily room rate. This covers a number of services such as Internet, fitness center admission and shuttles to Ka'anapali. Group members reserving at the official group rates are also entitled to complimentary overnight self-parking, usually \$22 per day.

Tax of 14.42% not included and will be added to your room charges. Rates are for one or two adults. Additional adults over 18 are charged \$75 per night. Maximum occupancy is 4 per room. Children 18 and under are free.

King rooms have a king bed and a full-size pullout sofa bed. Double rooms have a queen bed and a double bed.

DEPOSITS AND CANCELLATIONS

A two-night deposit (room rate and tax) is required at time of booking.

The deposit is fully refundable 30 days prior to arrival. Cancellations made after that time are subject to loss of deposit.

RENTAL CARS, FLIGHTS AND TRAVEL ASSISTANCE

Please visit www.uscdiagnostic.com for online reservations and car rates for the conference. Maui's Kahalui Airport (OGG) is located 27 miles from the Hyatt Regency Maui, about 45 minutes by car. Hotel self-parking is included for members traveling on our official group rates.

University Travel CST registration #1015591-40

REGISTRATION FORM

49th Annual USC Diagnostic & Therapeutic Skills in Internal Medicine: March 7-10, 2022

Hyatt Regency Maui: 200 Nohea Kai Drive, Lahaina, Hawaii 96761-1985

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TUITION

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Tuition does not include air travel and hotel accommodations.

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\$1,049 NP/PA/APP

\$1049 RN/AH

REGISTRATION INFORMATION:

Name _____

Degree _____ Medical License Number _____

Specialty _____

Address _____

City _____ State _____ Zip Code _____

Phone Number _____

Email Address* _____

Institutional Affiliation _____

Special Dietary or Physical Needs _____

* Correspondence and confirmations are sent by email.

METHOD OF PAYMENT:

No cash accepted.

Check (Payable to USC. Check payment must be postmarked by February 15, 2022).

Credit Card (American Express, Mastercard or Visa)

Credit Card Number _____

Expiration Date _____ Security code _____

Authorized Signature _____ Amount \$ _____



Keck School of Medicine of USC

Office of Continuing Medical Education
1540 Alcazar Street, CHP 223
Los Angeles, CA 90033



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March 7-10, 2022

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Non-Profit
U.S. Postage
PAID
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of Southern
California